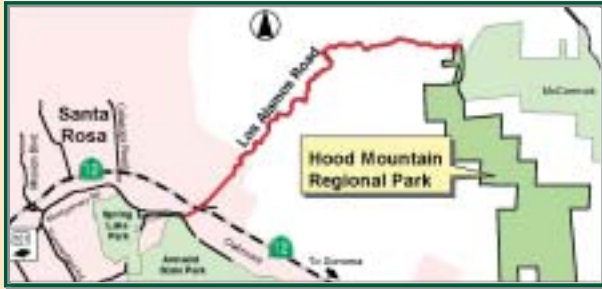


# Hood Mountain Regional Park

## Sonoma County Regional Parks

invites your visit to over 5200 acres of diverse habitats and inspirational landscapes. Home to hundreds of species of native plants and animals, our 41 parks feature rugged mountains, rolling meadows and sandy beaches. Whatever the outdoor activities you like to do - boating, fishing, swimming, picnicking, hiking, camping and much more - our 41 regional parks are yours to enjoy!



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SONOMA COUNTY REGIONAL PARKS

2300 County Center Drive, #120A  
Santa Rosa, CA 95403  
(707) 565-2041

[www.sonoma-county.org/parks](http://www.sonoma-county.org/parks)



# Welcome to Hood Mountain Regional Park

The park includes land from Santa Rosa Creek at approximately 650' above mean sea level up to 2730' at the crest of the Mayacamas Mountains between the Sonoma and Napa Valleys. The park's rugged terrain includes steep wooded slopes, rolling meadows, a vernal pond, deep canyons, and rock outcrops.



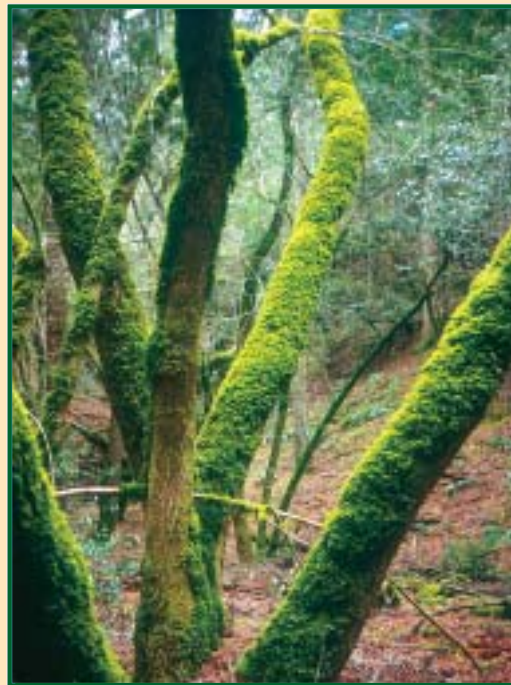
Vegetation types of Hood Mountain Regional Park include grassland, chaparral, knobcone pine, sargent cypress, pygmy sargent cypress, oak woodland, riparian woodland, mixed evergreen forest and transition forest.

Hood Mountain Regional Park is a unique wilderness park set in the Mayacamas Mountains five miles east of the city of Santa Rosa. The property is adjacent to Sugarloaf Ridge State Park which includes the recent McCormick Ranch addition and is located in unincorporated land in Sonoma County. Together the parks encompass 5200 acres of protected wild land in the headwaters of Santa Rosa Creek.

McCormick Ranch, a 1200 acre addition to Sugarloaf Ridge State Park, was funded by the Sonoma County Agricultural Preservation and Open Space District. It comprises a large percentage of the headwaters of Santa Rosa Creek, and is home to the largest known coast live oak, "Grandmother Oak".

## Hood Mountain Regional Park Trails & Features of Interest:

- ❖ Alder Glen Trail borders the North Fork of Santa Rosa Creek and provides a cool canopy of alders for picnickers on hot summer days.
- ❖ Homestead Meadow still has the remains of an old shed, a rock-lined, hand-dug well, a gravesite, parts of the orchard and original fencing from homesteads of the late 1800s.
- ❖ Santa Rosa Creek Trail parallels the creek offering views of riparian life. Steelhead trout can be found in the deeper pools when they swim upstream from the Pacific Ocean to spawn, even traveling under Santa Rosa City Hall!
- ❖ Hood Mountain Trail is a fire road that climbs to the summit of Hood Mountain at 2730' high, making it the highest peak between Sonoma & Napa Valleys.
- ❖ The Azalea Creek Area includes a stunning array of native azaleas, meadows and woodlands.
- ❖ Summit Trail is a narrow 'hiking only' alternative to Hood Mountain Trail that traverses through the serpentine Pygmy Forest ending at the summit of Hood Mountain.



- ❖ Cypress Trail winds through serpentine soils where you will find sargent cypress and other serpentine endemic plants.
- ❖ Gunsight Rock Trail offers perhaps the best vista of Sonoma Valley. Peregrine falcons can typically be seen in the Spring and Summer.
- ❖ Nattkemper-Goodspeed Trail climbs to the summit of Hood Mountain's 2730' peak over 3 1/2 miles from Adobe Canyon Road.

## Sugarloaf Ridge State Park McCormick Ranch Addition Trails:

- ❖ Wildcat Creek Trail winds through open grassland with views toward the Northern Santa Rosa Creek gorge.
- ❖ Quercus Trail meanders through an oregon and black oak forest and has a spectacular wildflower show in the spring.
- ❖ Maple Glen Trail is an historic ranch road above Wildcat Creek leading under a mixed big leaf maple and black oak canopy.
- ❖ Grandmother Oak Trail is a steep, narrow trail that leads to a centuries old coastal live oak.
- ❖ Headwaters Trail winds above Santa Rosa Creek with spectacular views of old-growth Douglas fir.
- ❖ Pygmy Owl Trail is named after the only diurnal owl species in the Maycamas Mountains which can be seen or heard on occasion.

# Hood Mountain Regional Park

## MAP LEGEND


 MULTI-USE DIRT TRAIL  
(Equestrian, Hiking, Bicycle)

 HIKING ONLY TRAIL

 PUBLIC ROADS

 SERVICE ROADS  
(No Public Access)

 MILE MARKER

 OVERLOOK

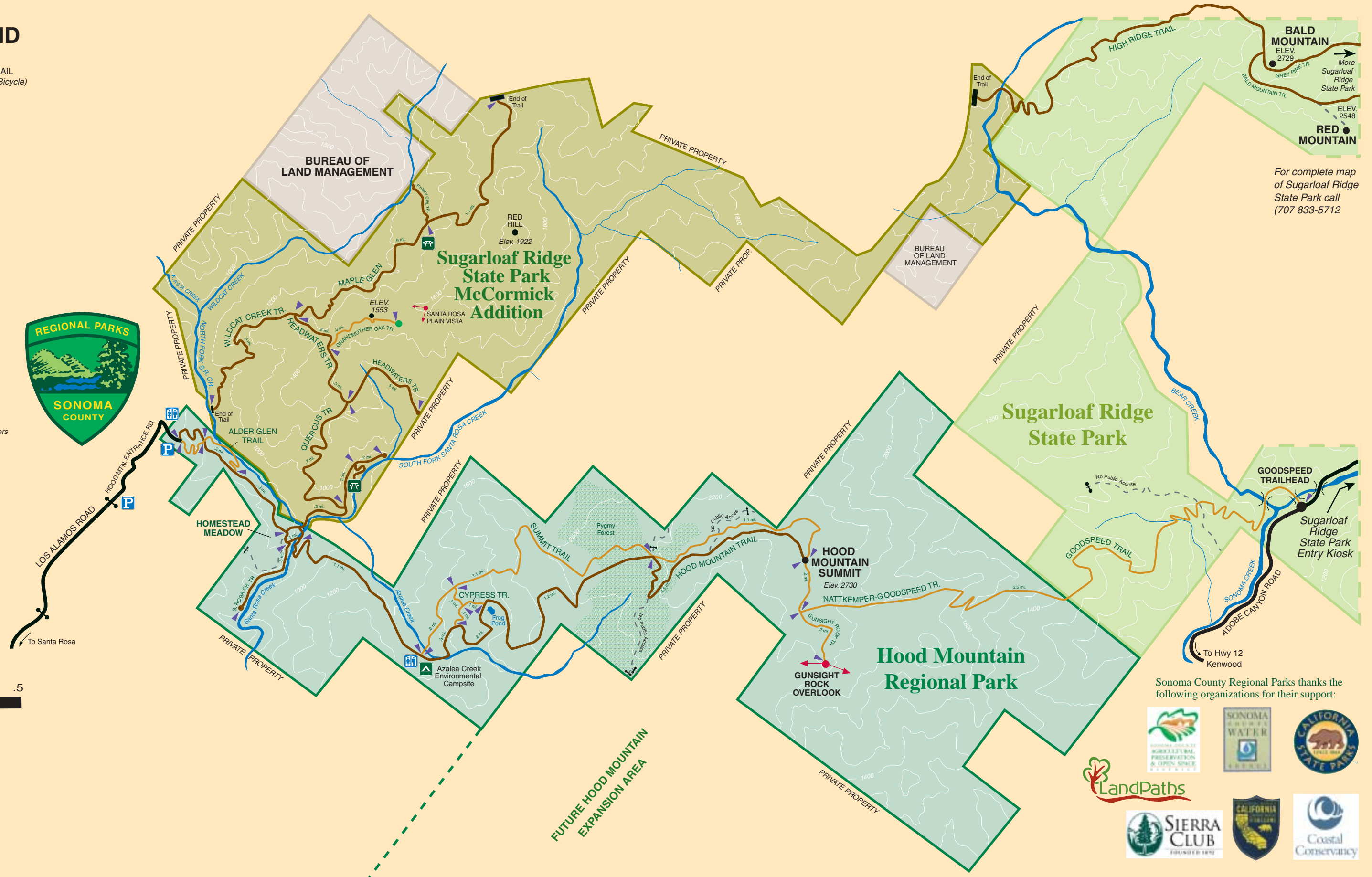
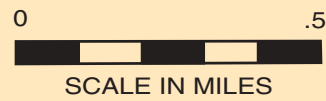
 GATE

 ENVIRONMENTAL CAMPSITE  
For use by Park Volunteers by permit only

 PICNIC TABLES

 RESTROOMS

 PARKING LOT



For complete map of Sugarloaf Ridge State Park call (707) 833-5712

Sonoma County Regional Parks thanks the following organizations for their support:

