

Sonoma County Public Health

H1N1 Flu (Swine Flu) Update

(Update 2 - Released 2009 May 5)

Sonoma County Activity as Reported by Public Health

Number of Confirmed Cases: ----- 1

Number of Probable Cases: ----- 0

School Dismissals: ----- 0

Public Gatherings:----- No restrictions at this time. **People who are sick should stay home.** Persons with underlying health conditions who are at high risk for complications of influenza may wish to consider avoiding large gatherings.

The DHS Surge Center is continuing operations to organize health services for the community, and gather and disseminate information about the outbreak to the media, schools, health care providers, the community, and the California Department of Health Services.

National Activity as Reported by the CDC

The ongoing outbreak of novel influenza A (H1N1) continues to expand in the United States and internationally. CDC expects that more cases, more hospitalizations, and more deaths from this outbreak will occur over the coming days and weeks.

CDC continues to take aggressive action to respond to an expanding outbreak caused by novel H1N1 flu.

CDC's response goals are to:

1. Reduce transmission and illness severity.
2. Provide information to help health care providers, public health officials, and the public address the challenges posed by this emergency.

CDC is issuing updated [interim guidance](#) daily in response to the rapidly evolving situation. This includes updated interim guidance for [clinicians on how to identify and care for people](#) who are sick with novel H1N1 flu now that more widespread illness has been detected in the United States. CDC recommends that testing and antiviral treatment be prioritized for those with severe respiratory illness and those at highest risk of complications from seasonal influenza. This includes children younger than 5 years old, pregnant women, people with chronic medical conditions and weakened immune systems, and people 65 years and older. In addition, CDC has provided information for the public on [what to do if they develop flu-like symptoms](#).

The Federal Government and manufacturers have begun the process of developing a vaccine against the novel H1N1 flu virus.

Response actions are aggressive, but they may vary across states and communities depending on local circumstances. Communities, businesses, places of worship, schools, and individuals can take action to slow the spread of this outbreak. People who are sick are urged to stay home from work or school and to avoid contact with others, except to seek medical care. This action can avoid spreading illness further.

US Human Cases of H1N1 Flu

States	Lab-Confirmed Cases	Deaths
New York	90	
Illinois	82	
California	49	
Texas	41	1
Delaware	20	
Arizona	17	
South Carolina	16	
Oregon	15	
All Others	73	
Total (38 states)	403	1

The CDC reports 403 lab-confirmed cases of the H1N1 flu in 38 states, including 49 lab-confirmed cases of H1N1 flu in California.

Links and Phone Numbers for Further Information

Public Health Phone - Recorded answers to FAQs in English/Spanish: ----- 565.4477

State Hotline - Recorded answers to FAQs in many languages:----- 888.865.0564

Sonoma County Public Health Web Site: ----- www.sonoma-county.org/publichealth

CDC Web Site:----- www.cdc.gov/h1n1flu/

California Department of Public Health ----- www.cdph.ca.gov

Remember! Cover your cough; wash your hands thoroughly and often.