

## ← ← ← MY EVACUATION GO BAG → → →

### What Will I Need For Three Days Away From Home?

Your evacuation “Go Bag” is a suitcase, duffel bag or backpack that can hold what you will need for your survival and comfort if you must leave your home for at least three days.

As you go through your day pay attention to the items you commonly use. Make a list of these medicines, supplies, and devices and then decide the minimum you would need for three days.

Keep one-of-a-kind items in a consistent place so you can gather them quickly in an emergency. These might include hearing aids, glasses, or walkers.

If you have duplicates of these or any other items you want to take, keep them packed in your Go Bag in a place that’s easy to find, such as under your bed. Your Go Bag should be easy for you or people helping you to transport.

If you have a service animal or pets, you’ll need to make a Go Bag for them as well that includes their food, bedding, water bowl, and medicine.

### WHAT SHOULD I PACK IN MY GO BAG?

Keep a list with your Go Bag of the items you want to take to make it easier to pack. Check the things you want to include:

- My Emergency Information form
- My Evacuation Plan form
- Essential medications
- Copies of prescriptions
- Cell phone
- Cash, credit card, identification
- Eye and sunglasses, contact lenses with cleaning solutions
- Hearing aids
- Teeth
- Prostheses

- Walker, canes, crutches, wheelchair, electric chargers, patch kit
- Respirator, ventilator. If you use a ventilator, it is critical to write directions on how you would need to be evacuated and tape them to your ventilator or wheelchair.
- Communication devices, artificial larynx
- Sanitary aids
- Extra batteries for oxygen, breathing devices, hearing aids, cochlear implants, cell phone, radios, pagers, PDAs.
- Emergency food consisting of high energy items that won't spoil and don't require cooking
- Water
- Assorted sizes of re-closeable plastic bags for storing, food, waste, etc.
- Sturdy work gloves to protect your hands from sharp objects you may try to lift or touch by mistake while walking or wheeling over glass and rubble
- Full change of clothing for the season including underwear, spare jacket, extra pair of shoes (if needed).
- Lightweight flashlight (on key ring, etc.)
- Small battery-operated radio and extra batteries
- Signaling device you can use to draw attention to you if you need emergency assistance (whistle, horn, beeper, bell, screecher)
- Speech or communication needs — If you use a laptop computer for communication, consider getting a power converter that plugs into the cigarette lighter of a vehicle.
- Hearing Issues — Have a pre-printed copy of key phrase messages handy, such as “I use American Sign Language (ASL),” “I do not write or read English well,” “If you make announcements, I will need to have them written simply or signed.”
- Multiple Chemical Sensitivities, Breathing Conditions — Towels, masks, industrial respirators or other supplies you can use to filter your air supply & dust mask.

